



**LEADERSHIP
SUMMIT**



#GIRLSLEAD18

**TOGETHER
WE CAN**

WASHINGTON, D.C.

The only summit “by girls, for girls”

AGENDA



**SUNDAY, JULY 8 –
REGISTRATION**

LOCATION:

Ronald Reagan Building and
International Trade Center

5:00 pm **Registration Opens**

6:00 pm **Welcome Dance Party**

LOCATION: Atrium

Girl Up Big Sisters

01

MONDAY, JULY 9

FINDING YOUR VOICE – CONVERSATIONS THAT MATTER

LOCATION:

Ronald Reagan Building and
International Trade Center

DJ Kitty Cash

7:30 am

Registration Opens

8:00 am

“Boost Your Breakfast” *sponsored by Special K*

LOCATION: Atrium

Find your table, make a friend, and
complete your summit survey

9:00 am

Welcome & Intention Setting

LOCATION: Atrium

Mariana Anaya and Jada Young, Emcees

9:05 am

The Dynamic Duo

Anna Blue and Melissa Kilby,
Co-Executive Directors, Girl Up

9:20 am

(You)th Can Change the World

Elizabeth Cousens, Deputy Chief Executive Officer,
United Nations Foundation
Jayathma Wickramanayake, United Nations
Secretary-General’s Envoy on Youth
Chimwewe Chiweza, Club Leader and Wisci Malawi
Participant

- 9:35 am** **Breaking the Glass Ring**
Stephanie McMahon, Chief Brand Officer, WWE
Raven Delk, Girl Up US South Regional Leader
- 9:55 am** **Worth a Thousand Words: Photography that Makes a Difference**
Kate T. Parker, Photographer, *Strong is the New Pretty*
Munira Alimire, Girl Up Teen Advisor 2017-18
- 10:15 am** **Dream Big Princess: Empowering the Next Generation of Storytellers**
Tasia Filippatos, Senior Vice President, Communications, Disney
Sarah Gulley, Girl Up Regional Leader
- 10:30 am** **BREAK: Social Good Marketplace**
LOCATION: Atrium
- 10:50 am** **Real Talk Workshops**
Select two workshops below. Workshops will begin at 10:50 am and 11:35 am. Space is limited per room.
LOCATION: Rooms listed on page 24
- Own Your Zone: creating safe communities
 - Find Your Pride: allyship for LGBTQI + Folks
 - The Stand Up Fam: activism and allyship for anti-racism
 - Notes from the Field: the challenges & opportunities for girls in Liberia
 - Create, Relate, Self-Soothe: Self-expression for activists
 - Storytelling Through Emerging Technology
 - Recording Your Dreams

12:20 pm

LUNCH

LOCATION: Atrium

12:35 pm

The Power of the Page: Celebrating Activist Authors

Ashley Eckstein, Author, *HerUniverse*
Kate Schatz, Author, The *Rad Women* book series
Chanice Lee, Author, *The Young Revolutionary*

12:55 pm

The Hero You've Been Waiting For Is You

Aija Mayrock, Author, *The Survival Guide to Bullying*

1:05 pm

Money Moves: Women's Entrepreneurship

Joan Smalls, Supermodel and Founder,
Smart & Sexy Swimwear
Mariana Benavides, Club Leader

1:20 pm

Calling all STEMInists: STEM for Social Good

Heidi DuBois, Global Head, Philanthropy and Corporate
Social Responsibility, BNY Mellon
Riddhi Jain, Girl Up Campus Leader
Shreya Thakur, Girl Up Campus Leader

1:35 pm

The MOVEment

Julie Carrier, CEO, Girls Lead Worldwide

2:00 pm

BREAK: Social Good Marketplace

LOCATION: Atrium

2:15 pm

Real Talk Workshops

Select two workshops below. Space is limited per room. Workshops will begin at 2:15 pm and 3:05 pm.

LOCATION: Rooms listed on page 27

- Namastay Active: power to the yogi
- Run Like a Girl...for Elected Office!
- Fill Your Cup: avoiding activist burnout
- Rise Up: how to start your mornings strong
- Claim your Power! how to brag like a pro
- Mapping Inequalities: using STEM for social good
- #ResistanceisGlobal: reproductive rights around the world

3:55 pm

Lift Off, Lift Up

Alyssa Carson, Astronaut in Training
Múkami Kimotho, Founder and CEO, Royelles Inc.

4:10 pm

The Power of Strength and Nutrition

Kris Charles, Senior Vice President,
Global Corporate Affairs, Kellogg
Ksenia Avdulova, Founder, Breakfast Criminals
Samiha Rao, Team Strong 2018, USA
Melanie Che, Team Strong 2018, USA
Tsedenia Asress, Team Strong 2018, United Kingdom
Shea Williams, Team Strong 2018, Australia
Kristen Corlay, Team Strong 2018, Mexico
Andrea Jacob, Team Strong 2018, Canada

4:25 pm

Men as Allies: Football Player Turned Feminist

Wade Davis, former NFL Player, Corporate Inclusion
and Culture Consultant
Lauren Woodhouse, Girl Up Teen Advisor 2017-18

4:40 pm

Believing in the Power of Girls

Monique Coleman, Girl Up Champion

4:55 pm

Global Feminisms: Connecting the Continents, Changing the World

Aditi Arora, Girl Up In-Country Consultant, India
Fernanda Garza, Girl Up In-Country Consultant,
Latin America
Leticia Bahia, Girl Up In-Country Consultant, Brazil
Mailys Ardit, Girl Up In-Country Consultant, Europe
Yunmei Li, Girl Up In-Country Consultant, East Asia
Musonda Chikwanda, Girl Up In-Country Consultant, Africa

5:05 pm

Reflections & Closing

Mariana Anaya and Jada Young, Emcees

7:30 pm

Ice Cream Social with Big Sisters at the United Nations Foundation Office (Optional)

LOCATION: 1750 Pennsylvania Ave NW, 4th Floor,
Washington, DC 20006

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TUESDAY, JULY 10

USING YOUR VOICE – PUTTING PASSION INTO PRACTICE

LOCATION:

Ronald Reagan Building and
International Trade Center

DJ Kitty Cash

8:00 am

Breakfast

LOCATION: Atrium

Find your new table, introduce yourself and make a friend!

9:00 am

Welcome and Intention Setting

LOCATION: Atrium

Mariana Anaya and Jada Young, Emcees

9:05 am

#TimetoRise

Corinne Foxx, Model and Activist

Khushi Ghandi, Girl Up Teen Advisor 2017-18

9:20 am

Businesses by Women, for Women

Kimmy Miura, PR Manager, Fabletics

Jonna Piira, Founder, Kali Box

Annie Gleiberman, Girl Up Coalition Leader 2017-18

9:35 am

Difficult Conversations that Matter: How to Lead with the Heart

Isha Sesay, Journalist, Founder & President, W.E. Can Lead
Allison Levin, Club Leader
Amanda Backal, Girl Up Teen Advisor 2017-18

9:55 am

What We're Made Of

Brooklyn & Bailey McKnight, Girl Up Champions

10:15 am

Marching Forward: The Women's March

Brea Baker, Program and Youth Engagement Coordinator,
The Gathering for Justice
Bob Bland, Co-President, Women's March
Sawyer Taylor-Arnold, Girl Up Teen Advisor 2017-18

10:30 am

BREAK: Social Good Marketplace

LOCATION: Atrium

10:45 am

STEM #GirlBoss 101

Kathryn Karol, Vice President, Caterpillar Inc.
Nicole Wojnowski, Girl Up Club Leader

11:00 am

Introduction of INSPIRE! Sessions

Mariana Anaya and Jada Young, Emcees

11:05 am

INSPIRE! Sessions

Sessions will begin at 11:00 am, 11:20 am,
and 11:40 am. Led by Girl Up Leaders
and Teen Advisors.

12:00 pm

LUNCH

LOCATION: Atrium

12:30 pm

Girl Up Impact: Creating Safe Spaces for Girls in Liberia

Shennel E.P. Henries, Liberian Advocate
Kate McCullum, US Midwest Regional Leader

12:45 pm

BREAK: Social Good Marketplace

LOCATION: Atrium

1:10 pm

How-To Workshops: Practical Tips to Become a Girl Up Superstar

Select two workshops below. Space is limited per room. Workshops will begin at 1:10 pm and 2:00 pm

LOCATION: Rooms listed on page 30

- Feminisms Around the World
- Events Planning 101:
Plan a Regional Summit
- Ready to Jump In? Start a Girl Up Club!
- Fundraise Like a Pro
- Social Media + The Movement
- Girl Up in College
- Advocacy 101

2:45 pm

Stand #WithRefugees

Emi Mahmoud, UNHCR Goodwill Ambassador

3:00 pm

Assembling Your Board of Directors

Alia Lamborghini, Vice President Industry Lead-Travel
Disruption, Oath

3:15 pm **Your World: Your United Nations**
Munira Khalif, 2017-18 U.S. Youth Observer to the United Nations
Martine Uwimana, Club Leader and WiSci Malawi Recipient

3:30 pm **Difficult Conversations that Matter:
The Gun Safety Movement**

Nza-Ari Khepra, Co-founder of Wear Orange and Project Orange Tree
Fasica Mersha, Girl Up Teen Advisor 2017-18

3:50 pm **Advocacy Day Training**

Kirsten Foster, Advocacy Officer, Girl Up
Claire Brito, Girl Up Teen Advisor 2015-16

4:40 pm **Club & Campus of the Year Awards**

Kiera Fair, BCCS, Club of the Year Winner 2017
Julia Nahman, Wake Forest, Campus of the Year Winner 2017

4:50 pm **Reflection: Moments of Strength**

Team Strong

5:00 pm **Closing**

Mariana Anaya and Jada Young, Emcees

7:30 pm ***Washington Monuments at Night Tour with
Big Sisters (Optional)***

LOCATION: Meet at the fountain in front of the Ronald Reagan Building and International Trade Center. Tour is Big Sister-led and will leave promptly at 7:30

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WEDNESDAY, JULY 11
GIRL UP ADVOCACY DAY

LOCATION:

Capitol Hill

7:00 am **Breakfast**

LOCATION: Atrium

7:50 am **Final Announcements**

8:00 am **First Bus Departs for Capitol Hill**

9:00 am **Last Bus Departs for Capitol Hill**

11:00 am **Capitol Hill Luncheon**

LOCATION: Rayburn 2200 (House side)
or Russell 385 (Senate side)

2:00 pm **Capitol Hill Meetings Resume**

4:30 pm **Last Bus Departs for Hotel**

REAL TALK WORKSHOPS

MONDAY, JULY 9

**Choose two of the seven workshops to attend:
10:50 and 11:35 am. Space is limited.**

OWN YOUR ZONE: CREATING SAFE COMMUNITIES

ROOM POLARIS B

Ever experienced sexual harassment? Racist microaggressions? Both at the same time? Learn to understand the dynamics of aggression and practice strategies for speaking out to keep each other safe using community-based, non-criminal strategies.

Speaker: Jessica Raven, Executive Director, Collective Action for Safe Spaces

FIND YOUR PRIDE: ALLYSHIP FOR LGBTQI+ FOLKS

ROOM POLARIS C

What does it mean to identify as lesbian, gay, bisexual, transgender, or questioning as a young person? This workshop will draw on participant experiences as allies or members of the community to figure out the most effective ways to create organizing and activist spaces that are safe and inclusive of LGBTQ identities.

Speaker: Rebecca York, Community Engagement and Youth Leadership Coordinator, SMYAL

THE STAND UP FAM: ACTIVISM AND ALLYSHIP FOR ANTI-RACISM

ROOM HEMISPHERE A

Have you ever wondered how society began to classify people based on their skin color? Have you wondered how we make Martin Luther King's dream a reality? This workshop will explore the racist history of present-day inequitable and oppressive policies and practices and learn how to use antiracist and anti-biased methods and tools to begin to dismantle racism.

Speaker: Christine Platt, Managing Director, The Antiracist Research & Policy Center at American University

CREATE, RELATE, SELF-SOOTHE: SELF-EXPRESSION FOR ACTIVISTS

ROOM HEMISPHERE B

Do you find yourself being overwhelmed by all the inequalities in the world? Do you struggle with staying connected to your inner self amidst the noise? As an activist, learn how to dive into the exploration of practicing self-love through journaling, affirmation writing, and open conversation

Speaker: Alex Elle, Author

NOTES FROM THE FIELD: THE CHALLENGES & OPPORTUNITIES FOR GIRLS IN LIBERIA

ROOM HORIZON A

Every wonder how your fundraising makes a real difference in the lives of girls around the world? Learn the impact of the Girl Up-supported UNICEF program in Liberia directly from a field worker. In this session, you'll better understand the unique challenges and opportunities facing girls in Liberia and hear stories of how girls are making tangible change in their own communities.

Speaker: Hawa Page, HIV/AIDS Officer, UNICEF Liberia

STORYTELLING THROUGH EMERGING TECHNOLOGY

ROOM POLARIS A

With Americans spending up to five hours a day on their mobile devices, we know that phones are a premier source for news. At the art of your advocacy for Girl Up is telling a compelling story. In this workshop we will learn the art of storytelling through the latest digital innovations.

Speaker: Alliah Mourad, Brand Partnership Manager, RYOT

RECORDING YOUR DREAMS

ROOM HORIZON B

Get to know your future self and the person you're working to become! Learn how to record your dreams through writing and music with a musical mastermind who is also our Summit House DJ!

Speaker: DJ Kitty Cash

MONDAY, JULY 9

**Choose two of the seven workshops to attend:
2:15 and 3:05 pm. Space is limited.**

NAMASTAY ACTIVE: POWER TO THE YOGI **ROOM OCEANIC A + B**

Join the True U team for a workshop on yoga, meditation, and value-driven journaling. Learn to practice self-care, trust your voice, and explore your core values so that you can lead from a place of integrity and authenticity. No yoga experience necessary, just an open mind and a desire to explore! Wear something you can move in.

Speaker: Annie Shiel and Merideh VanSant, Co-Founder, True U

RUN LIKE A GIRL...FOR ELECTED OFFICE! **ROOM HEMISPHERE A**

Elect Her is a Running Start workshop that encourages and trains women to run for student government and political office. Participants learn how to define their platform and issues, how to mobilize their network for a campaign, and how to craft and deliver an elevator speech about their issue and candidacy.

Speaker: Reniya Dinkins, Internship Program Coordinator, Running Start

FILL YOUR CUP: AVOIDING ACTIVIST BURNOUT

ROOM HEMISPHERE B

The activist burnout is real. Explore how to thrive in love, life, and career. In this workshop, learn how to practice self-care and kindness, surround yourself with people who reflect rather than deflect your values, and own and update your personal story by a trained psychotherapist.

Speaker: Tamika Lewis, Psychotherapist, Speaker, and Writer

RISE UP: HOW TO START YOUR MORNINGS STRONG

ROOM HORIZON A

Looking for the secrets to starting your mornings strong? Learn two key actions to help start your mornings with intention. In this session, engage in a hands-on recipe demo to create a delicious and easy recipe to ground your morning. With these strategies, you can practice mindful nourishment every day.

*Speaker: Stacey Krawczyk, Senior Nutrition Business Partner, Kellogg
Ksenia Avdulova, Founder, Breakfast Criminals*

CLAIM YOUR POWER! HOW TO BRAG LIKE A PRO

ROOM POLARIS C

We have always been taught the value of being humble, but sometimes we have to hype ourselves up! In this workshop, learn how to introduce yourself properly, how to feel good about your background and where you want to go, and how to handle naysayers and people who doubt you.

Speaker: Meredith Fineman, Founder and CEO, FinePoint

MAPPING INEQUALITIES: USING STEM FOR SOCIAL GOOD

ROOM POLARIS B

How can we better highlight the differences between the lives of men and women in the world? Can gender statistics help advance gender equality? In this session, learn how to make a map demonstrating gender inequities using STEM skills. Through this featured activity in the STEM for Social Good toolkit, you can draw more attention to some of the most pressing issues facing girls and women.

*Speaker: Michelle King, Learning Instigator, Carnegie Science Center
Jennifer Palmquist, STEM Curriculum Developer, Carnegie Science Center*

#RESISTANCEISGLOBAL: REPRODUCTIVE RIGHTS AROUND THE WORLD

ROOM HORIZON B

Ensuring that every girl is empowered to choose for herself when and if she wants to have children is essential to guaranteeing her health and safety. From the push to defund Planned Parenthood to the Global Gag Rule, all eyes are on the movement for Sexual and Reproductive Health and Rights (SRHR). Come learn about the key SRHR challenges and promising solutions.

*Speaker: Michelle Olakkengil, Global Youth Advocacy Fellow,
Planned Parenthood*

HOW-TO WORKSHOPS

PRACTICAL TIPS TO BECOME A GIRL UP SUPERSTAR

TUESDAY, JULY 10, 1:10 PM

**Choose two of the seven workshops to attend:
1:10 pm and 2:00 pm.**

FEMINISMS AROUND THE WORLD

ROOM POLARIS A

Learn how feminism issues look different in different countries and communities. Join this riveting conversation on advocacy and activism in diverse regions around the world.

Yunmei Li, Girl Up In-Country Consultant, East Asia
Fernanda Garza, Girl Up In-Country Consultant, Latin America

EVENTS PLANNING 101: PLAN A REGIONAL SUMMIT

ROOM POLARIS C

Want to bring the Summit experience to your community? Regional Summits are girl-led one-day events with workshops, presentations, and speakers. Hear from girl leaders like you who have organized these events and how you can bring a Regional Summit to your community.

Yardena Gerwin, Girl Up Coalition Leader
Kiera Fair, Girl Up Coalition Leader

READY TO JUMP IN? START A GIRL UP CLUB!

ROOM HEMISPHERE B

If this is your first time going to the Girl Up Leadership Summit or still need a little support establishing your Girl Up Club, this is the workshop for you. Come to this session to get a 101 on how to create a Girl Up Club and make sure your Club is set up for success!

Sophia Terry, Girl Up Club Leader
Sophia Clinton Girl Up Club Leader

FUNDRAISE LIKE A PRO

ROOM POLARIS B

How do Clubs and individuals fundraise for Girl Up? What are some best practices? Fundraising is a core aspect of Girl Up so come to learn how to fundraise like a pro in your Club and community. Learn from your fellow peers how to turn your passion into fundraising points!

Nehal Jain, Girl Up Coalition Leader
Akhila Boda, Girl Up Club Leader

SOCIAL MEDIA + THE MOVEMENT

ROOM HORIZON A

How do you turn your Instagram skills into advocacy and activism skills? What about Facebook? Twitter? Learn how to use social media to your advantage as an activist and about some of the new features you can expect to see. You and your Girl Up Club can create a social presence to fight for gender equality!

Mariana Benevidez, Girl Up Club Leader
Shayla Zamora, Girl Up Coalition Leader

GIRL UP IN COLLEGE

ROOM HORIZON B

So you don't want to let go of Girl Up when you go to college... we get it! Bring Girl Up to college like many of your peers! Join this session to learn how to bring Girl Up to campus. Come to learn from these Girl Up Campus and Young Professional leaders on how to continue your Girl Up journey.

Nidhi Shah, Girl Up Young Professionals Leader

Julia Nahman, Girl Up Campus Leader

ADVOCACY 101

ROOM HEMISPHERE A

You've advocated to end child marriage, prioritize birth registrations and ensure refugee girls get an education. This advocacy workshops will cover key issues Girl Up is advocating for, like safe spaces for women and girls around the world. Learn the steps to take tangible advocacy action.

Katherine King, Girl Up Club Leader

Allison Wachen, Girl Up Club Leader

THANK YOU TO OUR PARTNERS





1750 Pennsylvania Avenue, NW, Suite 300
Washington, D.C. 20006

GirlUp.org